

# Mullins Messenger

Mullins United Methodist Church  
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[www.MullinsUMC.org](http://www.MullinsUMC.org)

January 2017

Happy New Year  
**2017**



## *Going to Church is Good for You: Thought for the New Year*

*(A Message for Teens and the People Who Love Them)*

*ONE of the most striking scientific discoveries about religion in recent years is that going to church weekly is good for you. Religious attendance — at least, religiosity — boosts the immune system and decreases blood pressure. It may add as much as two to three years to your life. The reason for this is not entirely clear.*

The above quote is by T. M. Luhrmann, Op-Ed Guest Columnist for the *The New York Times*. I have been doing a lot of reading and research lately, trying to find positive ways to help us make being present for worship and youth activities a priority. Don't get me wrong, I know that all of us face obstacles in our lives, and being a youth and a youth parent is especially challenging these days! Thank you for loving and supporting them so well!

It just seems that, more and more, individuals and families face a world full of complex and competing demands for their time and their hearts.

It is important that families address their schedules together in ways that are cooperative and healthy. A calendar or schedule that is overwhelming is not healthy and can cause undue anxiety and family conflict. So how do you decide

what is staying and what must go? By figuring out what is most important and beneficial for your life and growing relationship with God. Then learning to balance those things as your top priorities!

The above quote explains some of the positive physical benefits of being present in worship and church. Yet, there are so many more benefits about being an active participant in worship and church! We all want to live longer, but the quality of life and its purpose play a vital role as well.

Over the next few months, I hope you will join me in exploring ways to help you determine priorities and the benefits of being present in worship and church--the least of which is coming to know that Love which passes all understanding!

Loving you in Christ,

*Rev. Camille*





## **Soup, Beans & Gumbo Lunch---Yum!**

Make plans to remain for a special treat Sunday, January 22, after 10:50 worship, when we will have the annual Soups, Beans and Gumbo Lunch---a fundraiser for Mullins youth.

This is an awesome time to feast, fellowship together and support the youth with an optional donation. Cornbread and desserts complete the menu.

Don't miss this!

## **Manna House Says Thank You**

The folks at Manna House send a big thank you for the great collection and donation of socks and underwear!

Volunteers and guests alike are reminded of God's abundance and love by people like you who remember the poor and homeless not only at Christmas but year round.

We wish you all the very best in this new year!

## **New Members**

Mullins UMC is happy to welcome the newest members of our church family, Bob and Earlene Earley.

The Earleys, who have been attending services with us for a number of months, joined Sunday, January 1st. They reside at 178 Walnut Ridge Lane, Cordova, TN 38018. Bob works for FedX and Earlene is a former school counselor.

Let's give them a warm Mullins welcome!

*Welcome to Mullins!*

## **Metro United Methodist Men Issue Invitation**

All men are invited to the Metro District United Methodist Men's Leadership Roundtable at 8:00 a.m. Saturday, February 4. Breakfast will be prepared by the Ellendale United Methodist Men. The devotion will be given by Mark Griffy, chairman, Mobility Worldwide-PET Memphis. The Keynote Speaker is Rev. Harry Durbin, Sr., Metro District Superintendent and Senior Vice President, Faith and Health, Methodist Healthcare. Make reservations by Feb. 1, Ellendale UMC, 901-386-0205.

## **Church Newsletter Changes To Once-A-Month Format**

Following the lead of many other church newsletters in recent times, the Mullins Messenger is becoming a monthly publication with this first edition of 2017. We ask for your prayers and patience as we make the transition and adjust to other communication challenges as well.

Please continue to submit articles for publication to Susan in the church office. Deadline for the upcoming February issue is noon Monday, January 30<sup>th</sup>.

Again, thank you for your prayers and cooperation.

## **True Grit**

### **Youth Group Braves Cold For “Box City” Benefit**

The youth would like to send a big Shout Out to everyone who contributed to the Box City mission event and to the Alternative Advent Calendar food drive.

Collection boxes were placed in several areas of the church and at PDO and Concord, beginning in October. They became so full that Rev. Camille had to take a load that filled her back seat and the rear of her SUV with coats and blankets to Manna House before Thanksgiving.

The culminating event and the end of the clothes drive was the Box City sleepover on Saturday night, January 7. The youth and their fearless adult leaders braved temperatures that plummeted to 13 degrees while they were standing outside waving Box City signs at passersby, raising awareness of the homeless in Memphis and collecting lots more warm clothes and donations of approximately \$350. Camille filled up her SUV again and delivered those collections to Manna house, where the crew and guests were gracious recipients! The canned goods that were also collected as part of the “Acts of Love” Advent Calendar filled up three shopping carts when Rev. Ken and Camille delivered them to the Highland Heights UMC Food Pantry.



**Youth taking a warming break to sing Happy Birthday to Maddie with cupcakes and hot chocolate.**

### **Youth Ski Trip**

January is a busy month for the Mullins youth. After sponsoring Box City to help the homeless on January 8 they participated in the 2017 Ski Lake Junaluska program over the Martin Luther King, Jr. weekend, January 13 – 15. The event was described as “part worship, part retreat, and lots of skiing.” The group thanks you for your prayers for their safe travels.



## **Please Update Your Information**

This is a great time to update your information if you have made any changes in the past year! Please notify the church office if you have a new phone number, email address, or mailing address. Also, please let the office know if you have any additions or corrections for the monthly "Birthdays and Anniversaries" List.

## **2017 Flower Calendar**

The Calendar for 2017 Altar Flowers is posted on the church office window. Please stop by and sign up for dates for the coming year. You may also call the church office, 685-8253, and we will be glad to assist you. The cost is \$40 per arrangement.

## **Blood Drive is Success**

Lifeblood visited Mullins UMC on **Wednesday, January 18**, from 5:00 -7:00 p. m. Thank you for those donors who participated!

## **Nursery Volunteers Needed**

Please consider taking a shift as a volunteer in the Mullins nursery on Wednesday nights (6 to 8 p.m.) or Sunday mornings (9 a.m. to noon). To see our nursery grow and thrive, we need members to be there to help nurture our precious children. There is a sign-up sheet in the Hall of the Apostles. If you have any questions, please contact Rachael Scarbrough.

## **United Methodist Women**

The first general meeting of 2017 for Mullins United Methodist Women was Tuesday, January 3, at 10:00 a. m. in the Fisher Wing Parlor. Rev. Dennis Neenan, in Pastoral Care with Wesley Senior Care, was our speaker. Each time Rev. Neenan visits us we receive blessings. We also enjoyed gathering again for our first circle meeting at 10:30 Tuesday, January 17, with a wonderful program, fellowship, prayer, and refreshments. All women of the church are invited to attend UMW events. For more information, you may contact Margaret Brown, UMW president, or Diana Wright, Day Circle chairman.

## **Name in the News: Robert Newcomb**

If you have not seen it, a very nice article from The Pines newsletter is posted in the Mullins office window. Entitled "Spreading Christmas Cheer," it tells how Kirby Pines resident and Mullins member Robert Newcomb makes beautiful jeweled ornaments that bring joy to others. Thanks to Ann Smith for sharing the article with us.

## **Wolf River Program Set for Feb. 1**

Mullins is very fortunate to have Keith Cole of the Wolf River Conservancy scheduled to be our guest speaker after the Wednesday night dinner on February 1. Think about inviting guests and make plans to attend this special program.

## 5<sup>th</sup> Monday Outreach

Monday, January 30, is our next opportunity to serve Breakfast for Lunch to the homeless in our community at Highland Heights UMC. If you plan to help cook, be there at 9:30 a.m. Servers should arrive by 11:45. The cost to provide this meal is approximately \$200. Donations to help with the cost should be given to Melissa Johnson. If you have any questions, please contact Ken Stewart.

## Special Scholarship Offering

On Sunday, January 29, you have the opportunity to contribute to a special offering for one of our youth, Ellen Weaver. Ellen plans to attend Huntingdon College in Montgomery, Alabama next year, and plans to apply for the Methodist Dollars for Scholars program offered through the United Methodist Higher Education Fund (UMHEF). This is open to members of the United Methodist Church who plan to attend a United Methodist college. It is a matching scholarship---the student's church provides a \$1,000 donation to UMHEF and they in turn match the \$1,000 or more. Make checks to Mullins UMC and note "special scholarship." If you have questions, contact the office.

## Benefit Concert

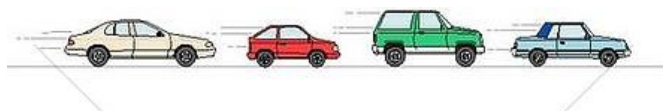
A special concert to benefit iTN Memphis, which provides dignified transportation for seniors, is scheduled for 7 p.m. Monday, February 6, in Seabrook Hall at Christ United Methodist Church.

Billed as "Memphis Loves Music," the concert will be preceded by a reception at 6 p.m., with appetizers by Erling Jensen's.

The musical program, which features Joyce Cobb, also will include performances by the CUMC chamber choir, the Centenary UMC mass choir, Soul Fire Jazz Duo, John Kilzer, Ron McDonald, and pianist Judith Pfeiffer.

General admission is \$25. Tickets which include reserved seating and the reception are \$50.

Purchase tickets at [itnmemphis.org](http://itnmemphis.org) or 901-833-3396.



## Free Health Classes

Methodist/LeBonheur Healthcare offers free classes that are open to our congregations and the general public. They run Thursday, February 2 - March 16 from 6 to 8 p.m.

Topics and hospital locations include:

**Congregational Care and Visitation**---Methodist University

**Diabetes Empowerment Education Program**---Methodist South

**HIV and STI's**---Methodist North

**Fighting Cancer Together**---Methodist Olive Branch

**Power to Forgive is Power to Heal**---Methodist Germantown

To register, see details posted on the window of the Mullins office.

## Wednesday Night Menus

### JANUARY SCHEDULE:

(\$7 Adult, \$5 age 12 and under, \$25 family maximum)

**Jan. 4**---Meatloaf, creamed corn, green beans, Salad, biscuits, cobbler, coffee, tea, lemonade

**Jan. 11**---Chicken Cordon Bleu, rice, broccoli, Asian salad, rolls, cake, coffee, tea, lemonade

**Jan. 18**---Pork loin or ham, scalloped potatoes, English peas, salad, biscuits, apple pie, coffee, tea, lemonade

**Jan. 25**---Lasagne, Italian salad, garlic bread, Ice cream, coffee, tea, lemonade

## Prayer List

### RECENT CONCERNS

- Bill Pickel---Rehab, Kirby Pines, Room 181-B
- Christopher Lawrence---Ann Smith's son
- Lisa Johns---at home
- Ben Dean Malone---at home (broken shoulder)
- Joe Cooper
- Don Mayhan
- Karen Kelly---Co-worker of Tina Campbell
- Cara Goodman---Co-worker of Melissa Johnson
- Dr. Cameron Hall---friend of Diana Baker

### OUR SYMPATHY

- Scott and Nancy Shelby---in the loss of his brother, Dennis Shelby

## February Birthdays and Anniversaries

### Birthdays:

Name	Feb.:		
Charles Griffin .....	1	Evie Johns-----	14
Thalina Marques .....	2	Lyndall Jones-----	14
Louise Magargel .....	5	Bo Bowen-----	20
Lisa Weaver .....	8	Judy Clayton-----	21
Juanita Freeman .....	9	Allie Van Cleef-----	21
Marion Haynes.....	9	Tina Campbell-----	22
Voline Conlee.....	11	Kathy Carter-----	22
Emily Parker.....	13	Martha Harmon-----	23
		Jeptha Rust-----	24
		Elmer Wrobley-----	25
		Ryan Crews-----	27
		Charlotte Williams-----	27

### Anniversaries

David & Marilyn Williams----5



## Church Staff

### Senior Pastor:

Rev. Ken Stewart  
[ken@mullinsumc.org](mailto:ken@mullinsumc.org)

### Associate Pastor:

Rev. Camille Bradley  
[camille@mullinsumc.org](mailto:camille@mullinsumc.org)

### Director of Music Ministries:

Tom Machen  
[tom.machen@yahoo.com](mailto:tom.machen@yahoo.com)

### Organist/Pianist/Director of Handbell Ministries

André Duvall  
[Clavier385@sbcglobal.net](mailto:Clavier385@sbcglobal.net)

### Director of Children's Ministries:

Rachael Scarbrough  
[rachael@mullinsumc.org](mailto:rachael@mullinsumc.org)

### Administrative Assistant

Susan Tutt  
[susmullins@bellsouth.net](mailto:susmullins@bellsouth.net)

### Housekeeping:

Geraldine Finley

### Building Maintenance:

Tina Campbell

## Our Service

### January 1:

Children's Message: Ken Stewart

Liturgist: Greg Forsyth

Altar Flowers: In memory of Frances and Rhodes Vawter,  
by Taylor and Mary Beth Richardson

### January 8:

Children's Message: Terrye Mastin

Liturgist: Greg Forsyth

### January 15:

Children's message: Luanne Hearn

Liturgist: Greg Forsyth

### January 22:

Children's Message: Debi Gray

Liturgist: Bet Hendon

Message: Bryan Carter

Altar Flowers: In memory of Betty Smith, by her family

### January 29:

Children's Message: Margaret Carbaugh

Liturgist: Greg Forsyth

Flowers: In memory of Bea Manning, by Martha Harmon

### January Ushers: The New Directions Class

## Honoring Our Loved Ones

### Budget:

In memory of David Campbell by Barbara Kercher, Taylor & Mary Beth Richardson, Mr. and Mrs. Archie Stewart, Anita Moore, Shan & Molly Tracy, Carol Ann Moreland, Betty Williams, William D. McRae

In memory of Millie Hill by Joan Senhausen

In memory of H. C. and Macy Williamson by Jim and Sunny Williamson

In memory of Dennis Shelby by Jean Sibley

### St. John's Ministry:

In memory of David Campbell by Helen Addington, Phillip & Ginny Wilcox, Marion Haynes

# JANUARY 2017 CALENDAR

## Meetings & Special Events:

**Sunday, Jan. 1**---New Year's Day

One worship service

**Monday, Jan. 2**--- Office Closed

**Tuesday, Jan. 3**---UMW, 10 am

**Wednesday, Jan. 4**---Wednesday dinners resume

**Saturday, Jan. 7**---Box City Mission Event

**Sunday, Jan. 8**---SPRC meeting

**Monday, Jan. 9**

Children's Ministry---6:30

Finance Committee---7:00 p.m.

**Saturday, Jan. 14**

Youth Depart on Ski Trip

**Sunday, Jan. 15**---Evangelism Committee, noon

**Monday, Jan. 16**---Office Closed

Youth return from ski trip

**Tuesday, Jan. 17**---UMW Circle 10:30

**Wednesday, Jan. 18**---Lifeblood, 5-7 pm

**Thursday, Jan. 19**---Trustees

**Sunday, Jan. 22**---Youth Soup Fundraiser

**Monday, Jan. 23**---Admin. Council

**Tuesday, Jan. 24**---Children's Ministry

**Thursday, Jan. 26**---Staff meeting

**Sunday, Jan. 29**---Special offering

**Monday, Jan. 30**---Highland Heights Ministry

## Upcoming events:

**Feb. 3**---Beading Group

**Feb. 5**---Mission/Outreach Committee

**Feb. 12**---Scout Sunday & Pancake Breakfast

## General Weekly Schedule:

### Sundays

9:00 a. m.---Chapel Service

9:45 a. m.---Sunday School

10:50 a. m.---Worship in Sanctuary

4:00 p. m.---Youth

### Mondays

5:50 p.m.---Handbells

6:30 p.m.---Cub Scouts, Boy Scouts

### Wednesdays

7:00 a. m.---Men's Prayer Breakfast

5:45 p. m.---Fellowship Dinner

6:15 p. m.---Children & Youth Programs

6:30 p. m.---Adult Program

6:30 p. m.---Chancel Choir Rehearsal

### Thursdays

6:30 p. m.---Mullins Community Orchestra

*This is the day  
The Lord has made;  
Let us rejoice and  
be glad in it.*

*---Psalm 118:24*

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